

COURT EQUESTRIAN – NEW RIDER INFORMATION SHEET

***All new riders must complete and sign this form before riding for the first time. It helps us to give you a better service and to ensure that you have an enjoyable and safe riding experience.
All new riders must be assessed in the School grounds before going on a hack***

Rider's name:

Rider's Address:

Telephone number:

Mobile:

Date of Birth:

Who should we contact in case of emergency:

1.

2.

Please tell us of any relevant medical condition, allergies or medication:

Please tell us about your Riding ability/experience. Are you (*please tick*) :

Complete Novice

Some Experience

Reasonable experience

Do you feel reasonably happy doing the following (please circle):

Starting the horse... Yes/No.

Stopping the horse Yes/No.

Walking..... Yes/No

Trotting Yes/No.

Cantering Yes/No

Having a lesson in the School's Outdoor Manege/School Yes/No.

Riding on an escorted hack outside the School's grounds Yes/No

Have you or your immediate family ever owned your own pony/horse?..... Yes/No

If so, please give brief details (continue overleaf if necessary):

Have you ever attended any other Riding School, Riding Club, or Pony Club Yes/No

If so, please give brief details:

Have you or anyone in your immediate family ever made, or threatened to make a claim, against any other Riding Establishment?..... Yes/No
If so, please give details overleaf

Riders, parents & guardians – please read carefully:

1. Riding is dangerous and horses are unpredictable. Horses/ponies can move unexpectedly, be startled by dogs, cars, noise etc, and they may even buck unexpectedly. Riders can fall or be thrown from their animal whether walking, trotting, cantering or jumping.
2. You ride at your own risk. While the School has its own Insurance Cover, this will not cover personal accidents etc, so Personal insurance cover is recommended.
3. Safety precautions:
 - Always wear a hard hat. You are recommended to have your own, but hats are available for loan from the school
 - Body protection is strongly recommended.
 - Have something reflective on your horse or yourself in poor light conditions, and preferably at all times
 - Check girth & stirrup before riding and ask Instructor to re-check unless you are experienced
4. Drive slowly in the drive and use the car park. Be careful when parking as children are usually around.
5. Observe the signs around the School.
6. Never attempt anything about which you are not confident. Discuss it with an Instructor if in doubt.
7. Sensible precautions around horses include:
 - Avoid horses rear legs
 - Do not feed titbits to horses
 - Do not enter a stable containing a horse unless you have been authorised and are competent to handle it safely
 - Do not smoke in the yard area
8. When riding out, as you are sitting in the saddle and holding the reins, you are the only person who can directly control the horse, although the Instructor or Lead Rider will always be willing to help or advise.

So, be aware of other riders, other road users, and watch for hazards that might upset the horse (dogs, plastic blowing in the wind etc).
9. When joining the lane at the bottom of the drive, switch on the flashing light by pressing the centre button.
10. Two WC's are provided with warm water and a room is provided for eating/clothes storage etc. Please look after any valuables.

ALWAYS BE CAREFUL AROUND HORSES!

Date

Signed (Rider or parent/guardian if rider is aged under 18)

WE HOPE THAT YOU ENJOY RIDING AND GET AS MUCH PLEASURE
OUT OF HORSES AS WE DO. WE ARE ALL HERE TO HELP AND WILL BE PLEASED
TO ANSWER ANY QUESTIONS!